

# Skalers Pick

# A Proud Member of

# RECREATIONAL — FALL 2011

# **NEWS**

A reminder to our membership and families that our club is a non-profit organization and is largely run by volunteers.



DATES TO REMEMBER

- Dec 24/11—Jan 8/12 NO SKATING—Christmas Break
- Feb 20/12 NO SKATING—Family Day
- Mar 9/12
   Winter Session Ends

Our Managing Director is Brenda Bradica, Dawn McGuire is our office support and Lynda Thompson is our Recreational Coordinator.

Each CanSkate and PreSchool CanSkate session has an Overseer available for your questions. Our business is teaching your child to skate, please enjoy the experience and be patient, as your skater goes through this wonderful discovery of how to skate!!! All of our enthusiastic coaches are Certified with Skate Canada, ranging from Certified CanSkate Coach to NCCP Level 3 certified.

# 2011 DR. GENE SUTTON AWARD

HSC has won the 2011 Dr. Gene Sutton Club Excellence Award which was established by the City of Hamilton in 2010 to recognize a model sports or recreation organization that provides quality youth programming, promotes healthy living, exemplifies respect for sport and fair play, and is a role model for youth in the Hamilton community. The award is named after Dr. Gene Sutton who was dedicated to quality amateur sport in Hamilton. Dr. Sutton was an advocate for providing a

safe, healthy, and fun environment for youth in sport and encouraged sportsmanship and fair play.

## 2011 / 2012 HSC BOARD MEMBERS

President	Tony Simpson
Vice President & Membership	Freda Le Donne
Vice-President & Hallwent Delegate	Pat Pearson
Treasurer	Irene Rebalka
Secretary	Pam Glavin
Publicity	Earene Lam
Test Chair	Marian Wiskar
Pro-Liason	Bev Kukhta-Jackson
Fundraising	Paulina Moran
Membership	Kim Ledgerwood

Additional members/representatives are:

Managing Director	Brenda Bradica
Director of Skater Development	Bryce Davison
CanSkate Rep.	Lynda Thompson
Coaching Rep.	Jen Hoadley

# SAFETY REMINDERS

# **Skate Canada Helmet Policy**

Skate Canada has mandated that all skaters working on Badge 5 or under are required to wear a CSA approved hockey helmet while on the ice due to insurance reasons. This policy is enforced during all skating activities including competitions, carnival days or any other special on ice activities throughout the season for this level of skater

This includes any skaters who have not completed their Badge 5 who are in Pre-Test.

See last page for more details.

### HSC SAFETY GUIDELINES

DO NOT WALK ON THE ICE IN YOUR SHOES—Only Registered/Insured skaters are permitted.

LEAVE THE ENCLOSED ICE AREA IMMEDIATE AFTER YOUR SESSION.

The Zamboni driver WILL NOT start the flood (ice resurfacing) until you exit the enclosed ice area immediately after your session. The city mandates that the area must be clear of all people prior to the floods. Otherwise, this will delay all subsequent sessions which causes an inconvenience to ALL Coaches and Skaters.

Remove your child's skates in the hallways or fishbowl area.

If you need to speak with the coach, please do so before or after your session –not during.

HSC Website: www.hamiltonskating.org Facebook: http://www.facebook.com/pages/Hamilton-Skating-Club/156647207712427

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# SAFETY GUIDELINES CONT.

# PLEASE KEEP YOUR CHILD OFF THE ICE UNTIL THE COACHES TELL THEM TO GO ON THE ICE.

Please ensure that your child remains OFF the ice and on the side until the Coaches indicate they are allowed on.

It is DANGEROUS to allow children on the ice before the higher level skaters have finished their session and have left the ice. Skaters are also not permitted on the ice without coaches being present due to insurance reasons.

# Please keep All Other Children OFF the ice (who are not skating)

Please keep all other children off the ice & away from the edge as boots/debris damage the ice surface. Ensure children are supervised by adults and not wandering around on their own while siblings/friends are on ice. It is also dangerous as a skater can fall and possibly injure any children close to the edge of the ice.

## **CONGESTION AROUND THE ICE AND DOORWAYS**

<u>Please help reduce the high level of congestion</u> around the ice area as it is a safety concern. Please allow skaters coming off the ice to collect their belongings on / around the bench areas safely and to return to the arena hallways.

To ensure the safety and courtesy for ALL skaters coming on/off ice, please do not crowd the doors / areas beside the ice and allow a path from the ice to all doorways. This includes doorways exiting the arena.

It would be appreciated if only 1 parent / guardian for younger skaters requiring assistance is waiting with them beside the ice and others remain in the hallways until the skaters on the previous session have cleared the area.

## FLASH PHOTOGRAPHY (PRE-TEST OR HIGHER)

For Safety Reasons – this is a reminder that Flash Photography is not permitted on PreTest sessions OR higher as it may distract skaters and/or startle them when they need to be concentrating.

## **SKATE GUARDS**

All skaters should have skate guards – either the hard plastic ones or soft guards, labeled with your name. These should be readily available for use in case of evacuation of the arena for a fire alarm or loss of power.

Thank you for your co-operation,

The Hamilton Skating Club





# **FALL FUNDRAISING**

# SKATERS' LOTTERY BOOKS (Due Dec 1, 2011)

Fundraising is Optional for our Recreational Skaters. However, fundraising proceeds do benefit our Pre-School CanSkaters and CanSkaters in form of teaching tools.

If you are interested in participating the cost is \$40 per Booklet – please come to the office for more information. NOTE: \$22 of every booklet sold is returned to HSC by the section and is used towards skater development and/or other skater related needs.

#### **ON-GOING FUNDRAISING**

We have numerous on-going fundraising activities which include \$2.00 Fruti Bars (available in the office) and \$2.00 per bag of Kernals Popcorn.





# PLAY, LIVE, TOBACCO FREE

The Hamilton Skating Club has adopted a tobacco-free guideline in the Spring of 2011.

We recognize that there is ample research demonstrating the health hazards caused by the use of tobacco products, including smoking, smokeless tobacco and breathing second-hand smoke, and understand our responsibility to the participants of our program to model and promote tobacco-free lifestyles.

We stress to skaters, coaches, officials, parents, spectators, and all others involved, the importance of maintaining a tobacco-free environment while working with young people.

The HSC will be making the guideline visible throughout the season using various messages, including logos, banners and encouraging coaches and members to promote active, healthy, to-bacco-free lifestyles.

All skating activities, competitions, events, and other performances held at by HSC will be tobacco-free. Tobacco free means no smoking by skaters, coaches/leaders, parents, spectators, and officials on the premises.

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# CHILD FITNESS TAX CREDIT

All programs in the Fall/Winter season qualify for the Child Fitness Tax Credit. The receipts will be made available around February 2012 to the payee UPON REQUEST –Allow 1—2 weeks for preparation after request. No tax receipts will be mailed unless a self-addressed envelope is provided to the club.





# FEES: NSF, Tax Receipt Replacements, and Session Changes

Please note that there will be charges of the following:

\$10.00 for changes in registration for sessions once the skating sessions begin

\$10.00 for re-issue of tax receipts

\$40.00 (subject to change) for NSF cheques (to cover our bank charges) as a result you may be converted to "cash only" for future registrations





# **VOLUNTEER OPPORTUNITIES**

Volunteers are always welcome – no skating experience needed. Please speak to Brenda Bradica, one of the members of the Board of Directors, drop us a note in the office or send us an e-mail to tell us how you might be able to help.

# **UP TO DATE INFORMATION**

- 1) Bulletin Board found in the "bubble area" next to the HSC office at the arena
- Website (updated 2x a month): www.hamiltonskating.org \*\* Please visit our EVENTS section for video's and pictures \*\*
- 1) Official Facebook Page: <a href="http://www.facebook.com/">http://www.facebook.com/</a> pages/Hamilton-Skating-Club/156647207712427 (search on Hamilton Skating Club & choose the non-profit organization page)





# ARENA CLOSURES (ie. Weather related)

Arena closures are governed by The City of Hamilton's Culture and Recreation department. These circumstances are beyond our control and we thank you for your patience and understanding. The Hamilton Skating Club will update our voicemail indicating any closures and will attempt to post an update on our website as soon as it is known (example: due to winter storms, etc..). Please also listen to/watch the local radio / TV stations for any closures







# **SUGGESTIONS FOR OUR NEWSLETTER?**

If you have any suggestions for our Newsletter, please email hamiltonskating.publicity@gmail.com or Drop off a note in our mailbox.

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# **Skate Canada Helmet Use Policy**



POLICY: HELMET USE

REFERENCE:

EFFECTIVE DATE: July 1, 2011 REVISED DATE:

# 1.0 GENERAL

All Skate Canada member clubs and skating schools who offer a CanSkate program must ensure all CanSkate and Adult CanSkate participants up to and including Stage 5 must wear a CSA approved hockey helmet while on the ice.

Clubs and skating schools must ensure this policy is enforced during all skating activities including competitions, carnival days or any other special on ice activities throughout the season for this level of skater.

Clubs and skating schools may choose to expand the use of CSA approved hockey helmets in their club as they see necessary. In general, anyone who lacks good control/balance when skating forward, backward and has difficulty stopping, as well as maneuvering around obstacles on the ice must wear a CSA approved hockey helmet.

This policy is a minimum standard. Sections, at their discretion, may impose a higher standard which all clubs and skating schools within the sections' boundaries must adopt and implement.

# 2.0 HELMET USE DURING A COMPETITION OR TEST DAY

A skater beyond a CanSkate Stage 5 level that chooses to wear a CSA approved hockey helmet during a competition or test day will not be subjected to any deductions in relation to the use of a CSA approved hockey helmet.