

## Hamilton Skating Club SUMMER 2023 - DAY PROGRAMS



STARSkate / Competitive / Jr Academy : Mon. July 3 - Fri. August 18, 2023

No Session Substitution; No Credit or Refund for Missed Sessions; No Make-Up Sessions

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
OPEN A	OPEN B	OPEN A	OPEN B	Ticket Ice	
7:00 am - 8:30 am	7:00 am - 8:30 am	7:00 am - 8:30 am	7:00 am - 8:30 am	8:00am - 10:00am	
OPEN B	OPEN A	OPEN B	OPEN A		
8:30 am - 10:00 am	8:30 am - 10:00 am	8:30 am - 10:00 am	8:30 am - 10:00 am		
FLOOD	FLOOD	FLOOD	FLOOD		
OPEN A	OPEN B	OPEN A	OPEN B	Ticket Ice	
10:15 am - 11:15 am	10:15 am - 11:15 am	10:15 am - 11:15 am	10:15 am - 11:15 am	11:00am - 1:00pm	
OPEN B	OPEN A	OPEN B	OPEN A		
11:15 am - 12:15 pm	11:15 am - 12:15 pm	11:15 am - 12:15 pm	11:15 am - 12:15 pm		
FLOOD	FLOOD	FLOOD	FLOOD		
OPEN GROUP	OPEN B GROUP	OPEN A GROUP	OPEN B GROUP		
(all levels - 4 coaches)	12:30 pm - 1:20 pm	12:30 pm - 1:20 pm	12:30 pm - 1:20 pm		
12:30 pm - 2:00 pm	12.50 pm - 1.20 pm	12.30 pm - 1.20 pm	12.50 pm - 1.20 pm		
	OPEN A GROUP	OPEN B GROUP	OPEN A GROUP		
	1:20 pm - 2:15 pm	1:20 pm - 2:15 pm	1:20 pm - 2:15 pm		
	FLOOD	FLOOD	FLOOD		
	BRYCE & CHRISTY				
	SUPERIOR EDGES	SUPERIOR EDGES	SUPERIOR EDGES		
	2:30 pm - 3:30 pm	2:30 pm - 3:30 pm	2:30 pm - 3:30 pm		
	FLOOD	FLOOD	FLOOD		
DAYTIME OFF ICE SCHEDULE					
OPEN B	OPEN A	OPEN B	OPEN A		
7:30 am - 8:15 am	7:30 am - 8:15 am	7:30 am - 8:15 am	7:30 am - 8:15 am		
OPEN A	OPEN B	OPEN A	OPEN B		
8:45 am - 9:45 am	8:45 am - 9:45 am	8:45 am - 9:45 am	8:45 am - 9:45 am		
OPEN B	OPEN A	OPEN B	OPEN A		
10:15 am - 11:00 am	10:15 am - 11:00 am	10:15 am - 11:00 am	10:15 am - 11:00 am		
OPEN A	OPEN B	OPEN A	OPEN B		
11:30pm - 12:15pm	11:30pm - 12:15pm	11:30pm - 12:15pm	11:30pm - 12:15pm		
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ALL SKATERS	OPEN JUMP CLASS	OPEN JUMP CLASS	OPEN JUMP CLASS		

Legend

7 week day program (1 on ice+1 off ice session) 4 days per week

## **SUMMER EVENING PROGRAMS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Jr Academy/GrpSTAR	PreCAN/Canskate 1-6	Jr Academy/GrpSTAR	PreCAN/Canskate 1-6
5:30pm-6:15pm	5:30pm-6:15pm	5:30pm-6:15pm	5:30pm-6:15pm
STAR/OPEN	STAR/OPEN	SC Synchro	STAR/OPEN
6:15pm-7:15pm	6:15pm-7:15pm	6:15pm-7:15pm	6:15pm-7:15pm
FLOOD	FLOOD	FLOOD	FLOOD
OPEN/ADULT	OPEN/ADULT	SC Synchro	OPEN/ADULT
7:30pm-8:30pm	7:30pm-8:30pm	7:30pm-8:30pm	7:30pm-8:30pm