



SUMMER 2010
 June 28-August 20 - Day Programs
 July 5-August 20 - Evening Programs



Hamilton Skating Club

(905) 388-9050

Email: info@hamiltonskating.org or www.hamiltonskating.org

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	T3 8:00-8:45AM	T3 8:00-8:45AM	T3 8:00-8:45AM	T3 8:00-8:45AM	Comp 8:00-9:00AM
	T3/Comp Spins 8:45-9:00AM	T3/Comp Spins 8:45-9:00AM	T3/Comp Spins 8:45-9:00AM	T3/Comp Spins 8:45-9:00AM	T3 9:00-9:45AM
	Comp 9:00-10:00AM	Comp 9:00-10:00AM	Comp 9:00-10:00AM	Comp 9:00-10:00AM	FLOOD
	FLOOD	FLOOD	FLOOD	FLOOD	T2 10:00-10:45AM
	T2 FS/Field Moves 10:15-11:00AM	T2 FS/Skills 10:15-11:00AM	T2 FS/Edge Development 10:15-11:00AM	T2 FS/Spins 10:15-11:00AM	T3/Comp FS/Spins 10:45-11:45AM
	T3 FS/Field Moves 11:00-12:00PM	T3 FS/Stroking 11:00-12:00PM	T3 FS/Edge Development 11:00-12:00PM	T3 FS/Stroking 11:00-12:00PM	FLOOD
	FLOOD	FLOOD	FLOOD	FLOOD	T1/T2 FS/Edges 12:00-1:00PM
	Comp FS/Field Moves 12:15-1:15PM	Comp FS 12:15-1:15PM	Comp FS/Edge Development 12:15-1:15PM	Comp FS 12:15-1:15PM	***Week 1 will follow Friday Schedule
	FLOOD	FLOOD	FLOOD	FLOOD	
T2 FS 1:30-2:15PM	T2 FS 1:30-2:15PM	T2 FS 1:30-2:15PM	T2 FS 1:30-2:15PM		
T1/T2 Edges-2:15-2:30PM	T1/T2 Edges-2:15-2:30PM	T1/T2 Edges-2:15-2:30PM	T1/T2 Edges-2:15-2:30PM		
T1 FS/Stroking 2:30-3:30PM	T1 FS/Skills 2:30-3:30PM	T1 FS/Spins 2:30-3:30PM	T1 FS/Stroking 2:30-3:30PM		

Guest fees: 1 hour session fee \$20.00 (does not include off ice) Day programs only. Evening \$15.00 per session
 Guest Skating only if space available on sessions. Maximum of 1 Guest skate per week during the summer programs (Day and Evening).
 **Open Session - Mon.(8:15-9:15PM) & Wed. 8:15-9:00PM (must of passed 2 of 3 Junior Bronze Tests)
 ***Note for Week 1 Day program ONLY-will follow Friday Schedule for Mon,Tues, Wed, & Fri.-No Thurs-Holiday

EVENING	Pretest 5:00-5:45PM		CanPower 6:30-7:15PM	Pretest 5:30-6:15PM
		CanSkate/Preschool 5:45-6:30PM	FLOOD	CanSkate/Preschool 6:15-7:00PM
		FLOOD	TeenSkate/Adult Rec. 7:30-8:15PM	FLOOD
		T1/T2 6:45-7:45PM	**OPEN 8:15-9:00PM	T1/T2 7:15-8:15PM
	OPEN* T1& Up 6:00-7:00PM	FLOOD	FLOOD	FLOOD
	FLOOD	T3/Comp 8:00-9:00PM	Dance/Pair/Skills 9:15-10:00PM	T3/Comp 8:30-9:30PM
	Edge Development 7:15-8:15PM	FLOOD		
	**OPEN 8:15-9:15PM	Adult 9:15-10:15PM		

OFF ICE SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Comp 8:00-8:30AM	Comp 8:00-8:30AM	Comp 8:00-8:30AM	Comp 8:00-8:30AM	T3 8:00-8:45AM
T3 9:15-10:15AM	T3 9:15-10:15AM	T3 9:15-10:15AM	T3 9:15-10:15AM	Comp 9:15-10:00AM
Comp 10:30-11:15AM	Comp 10:30-11:15AM	Comp 10:30-11:15AM	Comp 10:30-11:15AM	T1/T2 11:00-11:45AM
T2 11:30AM-12:15PM	T2 11:30AM-12:15PM	T2 11:30AM-12:15PM	T2 11:30AM-12:15PM	T3/Comp Stretch Class 12:00-1:00PM
T1 1:15-2:00PM	T1 1:15-2:00PM	T1 1:15-2:00PM	T1 1:15-2:00PM	
	Evening Pretest-6:00-6:30PM		Evening Pretest-6:30-7:00PM	